



# CABRILLO CENTER FOR RHEUMATIC DISEASE



Date: \_\_\_\_\_

Welcome New Patient \_\_\_\_\_

You have been referred by Dr/NP/PA: \_\_\_\_\_

for \_\_\_\_\_

Your rheumatology consultation visit with Dr/NP \_\_\_\_\_

has been scheduled on \_\_\_\_\_

Welcome to the Cabrillo Center for Rheumatic Disease specialty clinic. Please initial below that you have read and understand our check in policy. Thank you for your time and effort in your healthcare, as we cannot do our best without your help.

### Check In Policy for New Patients

**YOU MUST ARRIVE 30 MINUTES PRIOR TO YOUR APPOINTMENT WITH YOUR NEW PATIENT PACKET COMPLETED. YOU WILL BE RESCHEDULED IF YOU DO NOT ARRIVE 30 MINUTES PRIOR TO YOUR NEW PATIENT APPOINTMENT AND/OR YOUR NEW PATIENT PACKET IS NOT COMPLETED. \_\_\_\_\_ (INITIAL)**

### Check In Policy for Follow-up Appointments

**ARRIVE 15 MINUTES PRIOR TO YOUR SCHEDULED FOLLOW UP APPOINTMENT TO ALLOW TIME TO UPDATE YOUR INSURANCE AND ADDRESS, PAY YOUR COPAY, AND COMPLETE VITALS. YOU WILL BE RESCHEDULED IF YOU DO NOT CHECK IN 15 MINUTES PRIOR TO YOUR FOLLOW UP APPOINTMENT. \_\_\_\_\_ (INITIAL)**

Please note the following:

- We refer patients who need pain medication to pain specialty clinics.
- We refer patients back to their primary care physician for non-rheumatic issues. If you do not have a primary care physician we will refer you to one.
- Please bring an interpreter if you are concerned that you will be unable to provide an accurate history in English. Please bring copies of results of abnormal labs or x-rays (images if possible) that caused you to be referred to us.

Cabrillo Center for Rheumatic Disease  
1420 Ocotillo Dr, Ste B  
El Centro, CA 92243  
Phone:760-309-1288 Fax: 760-970-4270



# CABRILLO CENTER FOR RHEUMATIC DISEASE



## Cost of Filling Out Forms and Generating Letters:

Cabrillo Center for Rheumatic Disease charges for forms to be filled out by our office that are not pertinent to direct daily patient care paperwork (i.e. lab orders, x-ray orders, prescriptions, and medical records) as these forms create extra work that is not covered by your insurance. These forms are not considered a standard part of patient medical care. Below is an updated list of various forms not covered by insurance and their costs:

\$0	Excuse note for work, school, or jury duty (Completed on a prescription pad paper note- no letterhead)
\$20	Form requiring Signature <u>only</u>
\$25	Department of Motor Vehicle parking placard form, Family Medical Leave Act form
\$30/page	Letters requiring letterhead that are <u>not</u> disability related
\$50/page	Disability forms and disability letters (separate appt may need to be made)
\$0.50/page	Chart copies (if more than just a single lab or x-ray report or office note), but we can fax copies to any doctor at no cost.

## Policy Statement

**Privacy Practices:** I understand that this medical office reserves the right to change the privacy practices that are described in the Notice of Privacy Practices. I may obtain a revised notice of privacy practices by requesting it in writing (either by mail or at my next appointment) and a revised copy may be sent in the mail or will be provided to me at the time of my next appointment. \_\_\_\_\_(INITIAL)

Please indicate whether you should like a copy of the Notice of Privacy Practices. \_\_\_\_\_ YES \_\_\_\_\_ NO

**Confidentiality:** Professional ethics and California state law specifies that communications to medical staff are confidential and privileged and cannot be released or shared without the express written permission of the patient, except as noted above. However, there exist a few instances that are mandated by law to report certain information. These include, but are not limited to abuse of a minor, or if you express the intent of bringing harm to yourself or another person. In such circumstances, the provider is required to inform potential victim(s) and legal authorities. \_\_\_\_\_(INITIAL)

**Cancellation:** Your appointment time has been reserved exclusively for you. I agree that if I fail to cancel my appointment within at least 24-hours notice, I will be billed a \$25 cancellation fee. I understand that this fee is the patient's responsibility, as missed appointments are not covered by insurance. \_\_\_\_\_(INITIAL)

**No-Show Policy:** Patients are subject to a \$50 charge for missing their scheduled appointment. This fee is the patient's responsibility, as it is not covered by insurance. \_\_\_\_\_(INITIAL)

If you do not show for your appointment three (3) times you may be discharged from the clinic \_\_\_\_\_(INITIAL)

**Late Fee Policy:** Patients that arrive 15 minutes after their scheduled appointment time are not guaranteed to be seen the same day. Patients may reschedule for another day. \_\_\_\_\_(INITIAL)



# CABRILLO CENTER FOR RHEUMATIC DISEASE



**Insurance:** This office will submit your insurance claims to you carrier at no cost to you. However, we are not in a position to guarantee payment from your insurance company because the claim is based upon arrangements between you and the insurer. Please be aware that it is common for insurance companies to subcontract certain benefits to another company. In these instances, we may not bill your insurance company; we may be required to bill your medical group or a third-party payer. I understand that it is my responsibility to know if this is true. \_\_\_\_\_(INITIAL)

**Prior Authorization:** Prior authorization may be required before your first visit. Please be aware that it is your responsibility to know if this is true for your insurance coverage(s), and to get the necessary authorization(s). \_\_\_\_\_(INITIAL)

**Medical Records:** I understand that CCRD will retain my medical records for seven years as per legal requirements. Copies of records can be transferred to other health care providers upon receipt of a valid written consent. I understand that this office requires at least 72 hours notice prior to medical records being made available to the authorized party. \_\_\_\_\_(INITIAL)

**Medications:** I understand that medical refills will be considered during office hours only. This is so the office can conform with California Pharmacy statutes, and to prevent the possibility of other persons from acting or posing as patients of CCRD or obtaining medication illegally. I further understand that if I need to have a prescription refilled that I should contact my pharmacy 1-2 days prior to needing the medication or the medication may not be available to me the same day. I understand refills for any medication will not be performed unless I have been seen within the last 6 months. \_\_\_\_\_(INITIAL)

**Agreements:** I have reviewed the preceding information, and I certify that this information is accurate. I further understand that I am responsible for any financial loss due to incomplete or inaccurate information provided by myself. \_\_\_\_\_(INITIAL)

I hereby authorize payment directly to this medical provider any insurance benefits that would otherwise be payable to me for services rendered. \_\_\_\_\_(INITIAL)

**In instances where insurance does not pay any benefits, I agree to pay for those services. If payment is not received within 90 days from the date the claim was submitted, I agree that I will become responsible for the full amount for the balance on my account.** \_\_\_\_\_(INITIAL)

Should I break the financial arrangements as detailed above, I agree that my name may be released for collection purposes. I understand that no treatment related information will accompany this disclosure. I also agree that if any legal action is taken to enforce the provisions of this Policy Statement that the prevailing party shall be entitled to reasonable attorney's fees and costs. \_\_\_\_\_(INITIAL)

Please sign below to indicate that you have read the Policy Statement and agree to the terms as stated

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

### **Coordination of Care:**

Rheumatic diseases can affect many different body systems, which therefore can require communication between doctors of different specialties. In order to provide you with the most well-rounded care possible, your provider may request to see records/results of your visits with other providers. The following page is a form that will allow your other healthcare providers to share your health information with your provider at CCRD. This release is 100% voluntary and can be revoked at any time.



# CABRILLO CENTER FOR RHEUMATIC DISEASE



## AUTHORIZATION FOR USE OR DISCLOSURE OF HEALTH INFORMATION

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Recipient: I authorize my health care information to be released to the following recipient(s):

Cabrillo Center for Rheumatic Disease  
1420 Ocotillo Dr, Ste B  
El Centro, CA 92243  
Phone:760-309-1288 Fax: 760-970-4270

Purpose: I authorize the release of my health information for the following specific purpose:

Coordination of Care

Information to be disclosed: I authorize the release of the following health information: (check the applicable box below)

- All of my health information that the provider has in his or her possession, including information relating to any medical history, mental or physical condition and any treatment received by me.
- Only the following records or types of health information:  
\_\_\_\_\_

Term: I understand that this Authorization will remain in effect:

- From the date of this Authorization until the \_\_\_\_\_
- As long as I am under the care of Cabrillo Center for Rheumatic Disease

Refusal to sign/right to revoke: I understand that signing this form is voluntary and that if I don't sign, it will not affect the commencement, continuation or quality of my treatment at Cabrillo Center of Rheumatic Disease. If I change my mind, I understand that I can revoke this authorization at any time by providing a written notice of revocation to Cabrillo Center for Rheumatic Disease. The revocation will be effective immediately upon my health care provider's receipt of my written notice, except that the revocation will not have any effect on any action taken by my health care provider in reliance on this Authorization before it received my written notice of revocation.

I voluntarily authorize the disclosure of my health information to the recipient named above:

Signature \_\_\_\_\_ Date: \_\_\_\_\_

I do NOT authorize the disclosure of my health information to the recipient named above:

Signature \_\_\_\_\_ Date: \_\_\_\_\_



# CABRILLO CENTER FOR RHEUMATIC DISEASE



## Responsible Party Information

(Only if Responsible Party is not the Patient)

FIRST NAME	MIDDLE NAME	LAST NAME
BILLING ADDRESS	CITY	STATE/ZIP
HOME PHONE	WORK PHONE	CELL PHONE
RELATIONSHIP TO PATIENT	SOCIAL SECURITY #	DRIVERS LICENSE #

## Pharmacy Information

PHARMACY NAME	
PHONE #	ADDRESS:

## Insurance Information

<b>PRIMARY</b> INSURANCE:		EFFECTIVE DATE:
INSURANCE PHONE:	GROUP#:	
SUBSCRIBER'S NAME:	SEX:	BIRTHDATE:
SUBSCRIBER'S EMPLOYER:		
RELATIONSHIP OF PATIENT TO SUBSCRIBER (circle one):	Self   Spouse   Child   Other	<b>IF TRICARE SPONSOR SSN# OR BENEFIT # :</b>

<b>SECONDARY</b> INSURANCE:		EFFECTIVE DATE:
INSURANCE PHONE:	GROUP#:	
SUBSCRIBER'S NAME:	SEX:	BIRTHDATE:
SUBSCRIBER'S EMPLOYER:		
RELATIONSHIP OF PATIENT TO SUBSCRIBER (circle one):	Self   Spouse   Child   Other	<b>IF TRICARE SPONSOR SSN# OR BENEFIT # :</b>

## PRIMARY Information

PRIMARY CARE PHYSICIAN	PHYSICIAN PHONE
PRIMARY CARE PHYSICIAN ADDRESS (IF KNOWN)	CITY   STATE   ZIP

## EMERGENCY Information

EMERGENCY CONTACT PERSON		RELATIONSHIP TO PATIENT
HOME PHONE	WORK PHONE	CELL PHONE

## Patient History Form

Date of first appointment: \_\_\_\_\_ month \_\_\_\_\_ day \_\_\_\_\_ year      Time of appointment: \_\_\_\_\_      Birthplace: \_\_\_\_\_

Name: \_\_\_\_\_ last \_\_\_\_\_ first \_\_\_\_\_ middle initial \_\_\_\_\_ maiden \_\_\_\_\_      Birthdate: \_\_\_\_\_ month \_\_\_\_\_ day \_\_\_\_\_ year

Address: \_\_\_\_\_ street \_\_\_\_\_ apt# \_\_\_\_\_      Age \_\_\_\_\_      Sex:    ""F    ""M

\_\_\_\_\_ city \_\_\_\_\_ state \_\_\_\_\_ zip      Telephone: Home: \_\_\_\_\_  
 \_\_\_\_\_ Work: \_\_\_\_\_

**MARITAL STATUS:**     Never Married     Married     Divorced     Separated     Widowed  
 Spouse/Significant Other:     Alive/Age \_\_\_\_\_     Deceased/Age \_\_\_\_\_    Major Illnesses: \_\_\_\_\_

**EDUCATION** (circle highest level attended):  
 Grade School    7    8    9    10    11    12      College    1    2    3    4      Graduate School \_\_\_\_\_  
 Occupation \_\_\_\_\_      Number of hours worked/Average per work: \_\_\_\_\_

Referred here by: (check one)     Self     Family     Friend     Doctor     Other Health Professional

Name of person making referral: \_\_\_\_\_

The name of the physician providing your primary medical care: \_\_\_\_\_

Describe briefly your present symptoms: \_\_\_\_\_

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Date symptoms began (approximate): \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Previous treatment for this problem (include physical therapy, surgery and injections; medications to be listed later):  
 \_\_\_\_\_

Please list the names of other practitioners you have seen for this problem:  
 \_\_\_\_\_

**RHEUMATOLOGIC (ARTHRITIS) HISTORY**

At any time have you or a blood relative had any of the following? (check if "yes")

Yourself	Relative Name/Relationship	Yourself	Relative Name/Relationship
<input type="checkbox"/>	Arthritis (unknown type)	<input type="checkbox"/>	Lupus or "SLE"
<input type="checkbox"/>	Osteoarthritis	<input type="checkbox"/>	Rheumatoid Arthritis
<input type="checkbox"/>	Gout	<input type="checkbox"/>	Ankylosing Spondylitis
<input type="checkbox"/>	Childhood Arthritis	<input type="checkbox"/>	Osteoporosis

Other arthritis conditions: \_\_\_\_\_

Please shade all the locations of your pain **over the past week** on the **body figures and hands**.

Example:

LEFT      RIGHT      LEFT

LEFT      RIGHT

Adapted from CLINHAQ, Wolfe F and Pincus T. Current Comment – Listening to the patient – A practical guide to self report questionnaires in clinical care. Arthritis Rheum. 1999;42 (9): 1797-808. Used by permission.

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials: \_\_\_\_\_

SYSTEMS REVIEW

As you review the following list, please check any problems, which have significantly affected you:

Date of last mammogram: \_\_\_\_\_ Date of last eye exam: \_\_\_\_\_ Date of last chest x-ray: \_\_\_\_\_
Date of last Tuberculosis Test \_\_\_\_\_ Date of last bone densitometry \_\_\_\_\_

Constitutional

- Recent weight gain amount
Recent weight loss amount
Fatigue
Weakness
Fever

Eyes

- Pain
Redness
Loss of vision
Double or blurred vision
Dryness
Feels like something in eye
Itching eyes

Ears-Nose-Mouth-Throat

- Ringing in ears
Loss of hearing
Nosebleeds
Loss of smell
Dryness in nose
Runny nose
Sore tongue
Bleeding gums
Sores in mouth
Loss of taste
Dryness of mouth
Frequent sore throats
Hoarseness
Difficulty swallowing

Cardiovascular

- Chest Pain
Irregular heart beat
Sudden changes in heart beat
High blood pressure
Heart murmurs

Respiratory

- Shortness of breath
Difficulty breathing at night
Swollen legs or feet
Cough
Coughing of blood
Wheezing (asthma)

Gastrointestinal

- Nausea
Vomiting of blood or coffee ground material
Stomach pain relieved by food or milk
Jaundice
Increasing constipation
Persistent diarrhea
Blood in stools
Black stools
Heartburn

Genitourinary

- Difficult urination
Pain or burning on urination
Blood in urine
Cloudy, "smoky" urine
Pus in urine
Discharge from penis/vagina
Getting up at night to pass urine
Vaginal dryness
Rash/ulcers
Sexual difficulties
Prostate trouble

For Women Only:

Age when periods began:
Periods regular? Yes No
How many days apart?
Date of last period?
Date of last pap?
Bleeding after menopause? Yes No
Number of pregnancies?
Number of miscarriages?

Musculoskeletal

- Morning stiffness Lasting how long? Minutes Hours
Joint pain
Muscle weakness
Muscle tenderness
Joint swelling List joints affected in the last 6 mos.

Integumentary (skin and/or breast)

- Easy bruising
Redness
Rash
Hives
Sun sensitive (sun allergy)
Tightness
Nodules/bumps
Hair loss
Color changes of hands or feet in the cold

Neurological System

- Headaches
Dizziness
Fainting
Muscle spasm
Loss of consciousness
Sensitivity or pain of hands and/or feet
Memory loss
Night sweats

Psychiatric

- Excessive worries
Anxiety
Easily losing temper
Depression
Agitation
Difficulty falling asleep
Difficulty staying asleep

Endocrine

- Excessive thirst

Hematologic/Lymphatic

- Swollen glands
Tender glands
Anemia
Bleeding tendency
Transfusion/when

Allergic/Immunologic

- Frequent sneezing
Increased susceptibility to infection

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials: \_\_\_\_\_

**SOCIAL HISTORY**

Do you drink caffeinated beverages?    NO                      YES

Cups/glasses per day? \_\_\_\_\_

Do you smoke?  Yes  No  Past – How long ago? \_\_\_\_\_

Do you drink alcohol?  Yes  No Number per week \_\_\_\_\_

Has anyone ever told you to cut down on your drinking?  
 Yes  No

Do you use drugs for reasons that are not medical?  Yes  No  
 If yes, please list: \_\_\_\_\_

Do you exercise regularly?    Yes    No  
 Type \_\_\_\_\_

Amount per week \_\_\_\_\_

How many hours of sleep do you get at night? \_\_\_\_\_

Do you get enough sleep at night?    Yes    "No

Do you wake up feeling rested?    "Yes    "No

**PAST MEDICAL HISTORY**

Do you now have or have you ever had: (check if "yes")

Cancer	Heart problems	Asthma
Goiter	Leukemia	Stroke
Cataracts	Diabetes	Epilepsy
Nervous breakdown	Stomach ulcers	Rheumatic fever
Bad headaches	Jaundice	Colitis
Kidney disease	Pneumonia	Psoriasis
Anemia	HIV/AIDS	High Blood Pressure
Emphysema	Glaucoma	Tuberculosis

Other significant illness (please list) \_\_\_\_\_

Natural or Alternative Therapies (chiropractic, magnets, massage, over-the-counter preparations, etc.) \_\_\_\_\_

**PREVIOUS SURGERIES**

Type	Year	Reason
1.		
2.		
3.		

Any previous fractures?  No  Yes Describe: \_\_\_\_\_

Any other serious injuries?  No  Yes Describe: \_\_\_\_\_

**FAMILY HISTORY**

	IF LIVING		IF DECEASED	
	Age	Health	Age at Death	Cause
Father				
Mother				

Number of siblings \_\_\_\_\_ Number living \_\_\_\_\_ Number deceased \_\_\_\_\_

Number of children \_\_\_\_\_ Number living \_\_\_\_\_ Number deceased \_\_\_\_\_ List ages of each \_\_\_\_\_

Health of children \_\_\_\_\_

**Do you know any blood relative who has or had: (check and give relationship)**

Cancer _____	Heart disease _____	Rheumatic fever _____	Tuberculosis _____
Leukemia _____	High blood pressure _____	Epilepsy _____	Diabetes _____
Stroke _____	Bleeding tendency _____	Asthma _____	Goiter _____
Colitis _____	Alcoholism _____	Psoriasis _____	

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials: \_\_\_\_\_



## MEDICATIONS

**Drug allergies:**    No            Yes            If yes, please list: \_\_\_\_\_

Type of reaction: \_\_\_\_\_

**PRESENT MEDICATIONS** (List any medications you are taking. Include such items as aspirin, vitamins, laxatives, calcium and other supplements, etc.)

Name of Drug	Dose (include strength & number of pills per day)	How long have you taken this medication	Please check: Helped?		
			A Lot	Some	Not At All
1.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**PAST MEDICATIONS:** Please review this list of "arthritis" medications. As accurately as possible, try to remember which medications you have taken, how long you were taking the medication, the results of taking the medication and list any reactions you may have had. *Record your comments in the spaces provided.*

Drug names/Dose	Length of time	Please check: Helped?			Reactions
		A Lot	Some	Not At All	
Non-Steroidal Anti-Inflammatory Drugs (NSAIDs)		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<i>Circle any you have taken in the past</i>					
Flurbiprofen      Diclofenac + misoprostil      Aspirin (including coated aspirin)      Celecoxib      Sulindac Oxaprozin      Salsalate      Diflunisal      Piroxicam      Indomethacin      Etodolac      Meclofenamate Ibuprofen      Fenoprofen      Naproxen      Ketoprofen      Tolmetin      Choline magnesium trisalicylate      Diclofenac					

Pain Relievers					
Acetaminophen		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Codeine		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Propoxyphene		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other:		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Osteoporosis Medications					
Estrogen					
Alendronate					
Etidronate					
Raloxifene					
Fluoride					
Calcitonin injection or nasal					
Risedronate					
Other:					

Gout Medications					
Probenecid					
Colchicine					
Allopurinol					
Uloric					
Krystexxa					
Other:					

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials: \_\_\_\_\_

PAST MEDICATIONS *Continued*

Drug names/Dose	Length of time	Please check: Helped?			Reactions
		A Lot	Some	Not At All	
<b>Disease Modifying Antirheumatic Drugs (DMARDs)</b>					
Certolizumab					
Golimumab					
Hydroxychloriquine					
Penicillamine					
Methotrexate					
Azathioprine					
Sulfasalazine					
Quinacrine					
Cyclophosphamide					
Cyclosporine A					
Etanercept					
Infliximab (Remicade)					
Tocilizumab					
Arava					
Humira					
Enbrel					
Cymzia					
Simponi					
Orencia					
Rituxan					
Actemra					
Kevzara					
Xeljanz					
Olumiant					
Rinvoq					
Stelara					
Tremfya					
Skyrizi					
Cosentyx					
Taltz					
<b>Others</b>					
Tamoxifen					
Tiludronate					
Cortisone/Prednisone					
Hyaluronan					
Herbal or Nutritional Supplements					

Please list supplements:

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Have you participated in any clinical trials for new medications?  Yes  No

If yes, list:

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Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials: \_\_\_\_\_

**ACTIVITIES OF DAILY LIVING**

Do you have stairs to climb?  "Yes  No *If yes, how many?*

How many people in household? \_\_\_\_\_ Relationship and age of each \_\_\_\_\_

Who does most of the housework? \_\_\_\_\_ Who does most of the shopping? \_\_\_\_\_ Who does most of the yard work? \_\_\_\_\_

On the scale below, circle a number which best describes your situation; *Most of the time, I function...*

1	2	3	4	5
VERY POORLY	POORLY	OK	WELL	VERY WELL

**Because of health problems, do you have difficulty:**  
*(Please check the appropriate response for each question.)*

Usually    Sometimes    No

Using your hands to grasp small objects? (buttons, toothbrush, pencil, etc.) .....

Walking? .....

Climbing stairs? .....

Descending stairs? .....

Sitting down? .....

Getting up from chair? .....

Touching your feet while seated? .....

Reaching behind your back? .....

Reaching behind your head? .....

Dressing yourself? .....

Going to sleep? .....

Staying asleep due to pain? .....

Obtaining restful sleep? .....

Bathing? .....

Eating? .....

Working? .....

Getting along with family members .....

In your sexual relationship? .....

Engaging in leisure time activities? .....

With morning stiffness .....

Do you use a cane, crutches, walker or wheelchair? *(circle one)* .....

What is the hardest thing for you to do? \_\_\_\_\_

Are you receiving disability? ..... Yes  No

Are you applying for disability?..... Yes  No

Do you have a medically related lawsuit pending? ..... Yes  No

Patient's Name: \_\_\_\_\_ Date: \_\_\_\_\_ Physician Initials: \_\_\_\_\_



CABRILLO CENTER FOR  
RHEUMATIC DISEASE



## **Are you interested in learning about our clinical trials?**

**Yes**, please contact me  
about ongoing studies

**No**, I am NOT interested

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