

## INTRODUCING Dorinda A. Smith, MS Functional Nutritionist

Cabrillo Center for Rheumatic Disease is welcoming a new member to our team to help you take control of your chronic illness symptoms. Dori is an Autoimmune Research Scientist and Functional Nutritionist. She completed her PhD Fellowship at the National Institutes of **Environmental Health and trained at Duke University** Medical Center. Her unique perspective involves her own suffering with seven autoimmune conditions. Dori lived on a daily cocktail of 12-20 medications and became disabled for over a decade - before she found the natural, holistic approach of Functional Medicine. Using the latest scientifically proven nutrition, gut health and detox protocols, Dori significantly reversed all her illnesses, came off all her medications, and now lives nearly symptom-free. The cutting-edge medical research and case studies of thousands of patients are clear - You can achieve remarkable benefits from changing your nutrition and gut health, and creating a healthy detox lifestyle. Let Dori show you how to take your life back from chronic illness. Make an appointment today, and start feeling better!

**Food is Medicine** 

**Feel Better** 

**Have More Energy** 

Reduce Pain and Dependence on Medication

Make Your Appointment Today



300 S. Pierce St. #203 El Cajon, CA 92020 info@ccrdsd.com

(619) 334-4869